

LED light therapy

Can resting under a light really do something for your skin? Well, if you think about the damage that sunlight causes to the skin, or the powerful results that we get from concentrated light in lasers, then the answer is yes, certain types of light do have the ability to affect change in your skin, but it has to be the right kind of light.

- **Reduces** the appearance of fine lines and wrinkles
- **Stimulates** collagen and elastin production
- **Rejuvenates** dull complexions and improves skin tone
- **Increases** circulation and cellular energy
- **Promotes** healing for acne, pimples and pustular skin eruptions
- **Inhibits** the development of inflammatory conditions
- **Destroys** bacteria without affecting the skin tissue
- **Prevents**, repairs and maintains aging skin

A natural, gentle therapy used to strengthen, rejuvenate & detoxify all skin types

Precautions

Topical Roaccutane / Isotretinoin
Reduce the application of topical Roaccutane/ Isotretinoin to 2 to 3 times per week, at least two weeks prior to commencing LED Light therapy to ensure that the skin is not vulnerable to sensitivity.

Oral Roaccutane
LED Light Therapy can be applied as early as one day after ceasing the oral intake of Roaccutane or equivalent medications.

Contra-indications

Avoid LED/PDT Light Therapy in the event of:

- Pregnancy & Lactation
- Wearing a Pacemaker
- Undergoing cancer treatment
- Taking medication that causes light sensitivity
- Angio-cardiopathy

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LED light therapy
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BUY 6 TREATMENTS RECEIVE 2 COMPLIMENTARY

for skin so healthy it glows

Energise your skin's cells with LED Light Therapy for visibly radiant, rejuvenated and refined skin



Each colour setting performs a unique function, delivering results specific to skin concerns. Infrared light may be used in conjunction with LED Therapy, and also assists with **wound healing** and **pain relief**. Infrared light stimulates the activity of fibroblasts, which are responsible for supporting the skin and giving it its elasticity.

Green Light [560nm]

Improves oily skin, acne and lymph circulation. It is also effective fading pigmentation, improving oedema and for body firming.

Yellow Light [590nm]

Combination of Red & Green, stimulates the glands, supports the cell transformation process, aids healing of skin diseases and supports its resistance. Also improves skin tone.

Red Light [635+5nm]

Increases cell activity, accelerates cell metabolism, stimulates the skin to produce collagen proteins, accelerates blood circulation, and improves elasticity of the skin. It is widely used for anti-ageing, enhancing hair growth, skin rejuvenation and skin tightening.

Pink Light

Combination of Red & Blue – used for skin firming and wrinkle reduction.

Blue Light [415nm]

Inhibits the development of inflammatory conditions, destroys bacteria without affecting skin tissue and reduces acne, oil production and pustular skin eruptions.

Infrared Light [830nm]

Improves wound healing, inflammation and pain or sensitivity relief.

LED [Light-Emitting Diode], emits a concentrated beam of light that can easily penetrate the skin where it can effectively heal and regenerate the body. NASA discovered an accidental breakthrough when they used LEDs to grow plants in space by replacing traditional lights. When their astronauts returned, NASA noticed that they had lost less muscle mass than usual and began conducting experiments with LED's and skin rejuvenation.

LED Therapy is designed to be comfortable, non-invasive and pain free. It will increase cellular turnover, strengthen, rejuvenate and detoxify all skin types, no matter what colour. LED Light Therapy energises and repairs damaged cells, encouraging more efficient production of collagen, elastin and hyaluronic acid.

Our cells have the ability to absorb the energy of the light like photosynthesis in plants. This enables our skin to use this energy which stimulates the skin's metabolism and blood circulation, regenerates new collagen and provides an overall glowing, youthful look and refinement of texture for the skin. It enhances the skin's elasticity, improves the skin tone and is an anti-ageing treatment.

Relaxing and rejuvenating, LED can be used as a stand-alone treatment on the face, neck, décolleté and body or paired with facials, laser, needling, peels, injections, HIFU, plasma pen and massage. Those with sensitive, reactive or acne-prone skin will enjoy powerful age-defying and acne-fighting results.

Avoid Light Therapy when using:

- Codarone X, Amiodarone or Aratac
- Ledertrexate/Methotrexate
- Grisovin
- Doxycycline
- Tetracycline Group
- Azapropazone
- Quinolone Group
- Chlorpromazine Hydrochloride

Certain medications are available as generic formulations of the above with different brand names. Please ask your physician if the medication you take contains ingredients that could cause photosensitivity.